



PERSONA #2.1

M.S. Cortinez

Collecting and reviewing information for a patient taking an opioid medication



DATE OF BIRTH: August 14, 1961

RACE: Hispanic

GENDER: Female

OCCUPATION: Coffee Shop Owner

ADDRESS: 2911 Fentora Drive Hurt, VA 24563

PROBLEM LIST: Chronic spinal disease/spinal stenosis, hypertension

HISTORY OF PRESENT ILLNESS

MSC was first diagnosed with spinal stenosis 5 years ago. Following lumbar disk surgery 4.5 years ago and pain treatment failures with nonsteroidal anti-inflammatories, she was eventually started and titrated on Oxycontin.

PAST MEDICAL HISTORY

Spinal Stenosis x 5 years
Hypertension x 5 years

ACTIVE MEDICATIONS

Oxycontin 20 mg TID, Losartan 50 mg QD, Triamterene/HCTZ 37.5/25 mg QD

FILL HISTORY

MSC is not consistent with her hypertension medication refills. She says that she gets busy, especially in the morning, when she has to open up the coffee shop early. It is during this "rush time" that she forgets her medications except for her Oxycontin which she refills regularly with no doses missed.

ALLERGIES

NKA

SOCIAL HISTORY

MSC owns her own coffee shop. She does not exercise due to her pain issue.

VITAL SIGNS AND LABS

- **Vital signs:**
Pharmacy-Reported BP (3/1/20): 128/78 mmHg
- **Complete metabolic panel and fasting lipid panel:**
Labs not provided to the pharmacy

MEDICATION RELATED PROBLEM(S)

MME: 90 MME/DAY

INTERVENTION(S) AND EDUCATION (RECOMMENDATIONS)

Pain medication review

GOALS

None at this time

MONITORING PLAN AND FOLLOW-UP

Will follow-up with MSC next month to discuss naloxone

Sample Care Plan Case

Encounter Reason: High Risk Drug Monitoring

Patient Demographics:

Patient First Name: M.S.

Patient Last Name: Cortinez

Patient DOB: 8/14/61

Address: 911 Fentora Drive

City: Hurt

State: VA

Zip: 24563

Phone: 434-111-1111

Allergies: No Known Drug Allergies

Active Medication List:

Medication Name	Directions	Prescriber
Oxycontin 20 mg	1 tablet three times daily	Dr. Ouch
Losartan 50 mg	1 tablet daily	Dr. Ouch
Triamterene/HCTZ 37.5/25 mg	1 tablet daily	Dr. Ouch

Medication-Related Problems (MRPs) and Interventions:

- **MRP (4/15/20): Medication dose too high**
 - **MRP Note:** Oxycontin 20 mg TID; Daily MME = 90, high dose of opioids which puts MSC at risk.
- **Intervention (4/15/20): Pain medication review**
 - **Intervention Note:** MME = 90 MME/day. Chronic Use. Oxycontin indication: chronic spinal disease/spinal stenosis. Brandi, Pharmacist checked PDMP on 4/15/2020.