



PERSONA #2.3

M.S. Cortinez

Opioid Stewardship: Discuss an Opioid Pledge with Patients



DATE OF BIRTH: August 14, 1961

RACE: Hispanic

GENDER: Female

OCCUPATION: Coffee Shop Owner

ADDRESS: 2911 Fentora Drive Hurt, VA 24563

PROBLEM LIST: Chronic spinal disease/spinal stenosis, hypertension

HISTORY OF PRESENT ILLNESS

M.S. Cortinez calls the pharmacy and talks to the pharmacy technician. She indicates that she has a couple of prescriptions still on file at the pharmacy for Oxycontin. She is requesting an early refill (5 days too soon). The technician asks MSC if she can place her on hold so she can get the pharmacist to discuss this with her. The pharmacist speaks with MSC and asks why she needs the prescription early. MSC tells the pharmacist that she has had some increased pain this past month so she took an extra dose a few times to help with the pain.

PAST MEDICAL HISTORY

Spinal Stenosis x 5 years

Hypertension x 5 years

ACTIVE MEDICATIONS

Oxycontin 20 mg TID, Losartan 50 mg QD,
Triamterene/HCTZ 37.5/25 QD

FILL HISTORY

MSC is not consistent with her hypertension medication refills. MSC consistently refills her Oxycontin each month.

ALLERGIES

NKA

SOCIAL HISTORY

MSC owns her own coffee shop. She does not exercise due to her pain issue.

VITAL SIGNS AND LABS

- **Vital signs:**
None reported
- **Complete metabolic panel and fasting lipid panel:**
Labs not provided to the pharmacy

MEDICATION RELATED PROBLEM(S)

MSC has been taking an extra tablet "every so often" due to her uncontrolled pain. She ran out of her medications 5 days early. Pharmacy will fill Oxycontin on 6/17.

INTERVENTION(S) AND EDUCATION (RECOMMENDATIONS)

You counseled MSC on taking too much of the Oxycontin and informed her that she should contact her doctor if she feels that she needs more medication than what is prescribed. You also reviewed OTC medication options.

Additionally, you reviewed the opioid pledge with MSC and documented that she received the information.

GOALS

Take Oxycontin 20 mg 3 times daily as needed and no more than 3 times daily.

MONITORING PLAN AND FOLLOW-UP

Follow up with MSC next month to review her goal.

Sample Care Plan Case

Encounter Reason (6/13/20): High Risk Drug Monitoring

Patient Demographics:

Patient First Name: M.S.

Patient Last Name: Cortinez

Patient DOB: 8/14/61

Address: 911 Fentora Drive

City: Hurt

State: VA

Zip: 24563

Phone: 434-111-1111

Allergies: No Known Drug Allergies

Active Medication List:

Medication Name	Directions	Prescriber
Oxycontin 20 mg	1 tablet three times daily	Dr. Ouch
Losartan 50 mg	1 tablet daily	Dr. Ouch
Triamterene/HCTZ 37.5/25 mg	1 tablet daily	Dr. Ouch
Narcan Nasal Spray 4mg/0.1mL	For suspected opioid overdose, administer a single spray of nasal spray in one nostril. May repeat after 3 minutes if no or minimal response.	Dr. Ouch

Medication-Related Problems (MRPs) and Interventions:

- **MRP (6/13/20):** Takes medication more frequently than recommended
 - **MRP Note:** MSC has been taking an extra tablet "every so often" due to her uncontrolled pain. She ran out of her medications 5 days early. Pharmacy will fill Oxycontin on 6/17.
- **Intervention (6/13/20):** Patient contracting
 - **Intervention Note:** Brandi, pharmacist, reviewed and provided with opioid pledge on 6/13/20.

Goals (Free-Text):

- **Goal (6/13/20):** Take Oxycontin 20 mg 3 times daily as needed and no more than 3 times daily.